

# ❖ THE MASTERS VOICE ❖

OFFICIAL NEWSLETTER - SAMSA

AUGUST 2009

## ACKNOWLEDGEMENT

Contributions to South African Sport by Masters Sport men & women 'A CENTURY OF NETBALL' author Rita Oosthuizen. The first and only book to date on the history of the biggest and most popular female team sport in South Africa and the world from ages 7 to 70. It covers the GAME since it originated in America in 1891 till 2005. A 242 page, A4 size volume with numerous photos, international and national results, achievements and events. Rita Oosthuizen was the founder / co-founder of SA Women's Netball Association 1951, SA High Schools 1957, SA Universities 1967 and SA Primary Schools 1971. An ideal gift to a school, grandmother, mother, wife, daughter and granddaughter. SOLD at R150 per copy (sponsored price) Extract from the Book Review by Prof Heinrich Schultz for RSG Radio "A Century of Netball" will not only be referred to as the standard reference work on South African and World Netball, but it referred to in the media as the most important contribution to South African Sport published in 2005. ORDER FORMS available: by  
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7<sup>th</sup> SOUTH AFRICAN  
MASTERS GAMES 2011.  
Coastal Venue: Port  
Elizabeth,  
Nelson Mandela Bay  
Dates 27 April – 1 May 2011



Report back President Rita Oosthuizen.  
SASCOC ANNUAL GENERAL MEETING  
8 August 2009, Polokwane.

ANNOUNCEMENT: School sport :

- 1) There is no recognized National School Sport structure in the country presently
- 2) That a single National School Sport Structure will and must be established by end of 2009
- 3) That only practising Educators will be responsible to administer school sport.

In this regard the meeting unanimously resolved:

- 1) That we respect and abide by the points noted above
- 2) That the National Federations be consulted on the question of the operation and relationship between the new National School Sport Structure and the National Federations.

I hereby wish to pay tribute to the many master sport men & women in the teaching profession for their dedicated service to the youth of our country.

Rita Oosthuizen

VACANCIES: SASCOC

SAMSA nominated Mr. Colin Webster, President Mind sport, as a candidate

## MINISTRY OF HEALTH REPUBLIC OF SOUTH AFRICA

### PANDEMIC INFLUENZA A (H1N1) 2009

As the Minister of Health, I am personally writing to you regarding the above disease for two reasons:

To give you information that will assist you personally to deal with the disease and to request your assistance and personal involvement and that of your high office in effectively communicating key messages in influenza A (H1N1) 2009 to our communities.

Symptoms of disease: Can be divided into 3 categories. Mild, Moderate, Severe.

Mild symptoms include: Runny or blocked nose, Cough, Fever, Muscle aches and pains and General feeling of un-wellness, People with chronic heart or lung diseases, Pregnant women, People living with HIV and AIDS, People with diabetes mellitus  
Modern symptoms include mild symptoms plus: Shortness of breath, Chest pain,

Persistent vomiting, Diarrhoea and signs of dehydration

Severe symptoms include mild and moderate symptoms: Difficulty in breathing (respiratory distress), Blue lips, tongue or other parts of the body, Severe drowsiness and loss of consciousness.

**MORE INFO call 0861 364 232 or e-mail: H1N1@health.gov.za**

## NEWS FROM MEMBERS:

Tenpin Bowling results 45+ Tournament held at Kokos on 25-26 July 2009.

Ladies: 1<sup>st</sup> Lynne Snyman, Mpumalanga  
2<sup>nd</sup> Jenny Moreira, Eastern Gauteng, 3<sup>rd</sup> Val Els/Barbara Wilford, Eastern Gauteng.

Men: 1<sup>st</sup> Richard Lottering, Eastern Gauteng, 2<sup>nd</sup> Tony Sham, Central Gauteng, 3<sup>rd</sup> Sieg Kalmeier, Mpumalanga.

Masters Interprovincials to be held 13-18 September 2009 at Oasis Bowl, Port Elizabeth.

DARTS: SAMSA and fellow Masters welcome Masters Darts back in our federation since its last participation in Masters Games 2003. Masters minimum age 40+.

President: Rod Knight

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e-mail: [rodknight123@gmail.com](mailto:rodknight123@gmail.com)

ANGLING: World Veterans Match Angling Championships held 11-12 July 2009 at Furzion Lake, England.

Team: 1<sup>st</sup> France, 2<sup>nd</sup> England, 3<sup>rd</sup> Hungary. South Africa 6<sup>th</sup>

### Individual Anglers:

1<sup>st</sup> Michel Perdnau, France, 2<sup>nd</sup> Angelo Sorti, Italy, 3<sup>rd</sup> Jan v d Heever, South Africa.

This is the SA first time we have had a team of veterans in a World Championships and therefore the achievement of not being last place was fantastic.

Forthcoming Masters Events:

10&11 Sept SA Fresh water at Bloemhof Dam, Northern Cape

21&22 SA Freshwater Masters against Namibia at Hardap Dam, Namibia.

**As requested by CEO / SASCOC, Mr. Tubby Reddy, SAMSA supplied the National Lotteries Sports Distribution Agency with a list of our Masters Sports Codes/affiliates.**

**Master codes who have failed to supply SAMSA with its contact details – Name of President, office contact, e-mail, Tel, Fax, Cell, postal address, are finally requested to supply the office with info up to date. The above request appeared in SAMSA's Newsletter, The Masters Voice repeatedly. Closing date for master codes to be listed: 12 September 2009.**